

Weight-Related Disorders and Diseases

Investigate information from reliable nutrition sources, including print media and the Internet, on the energy imbalances in relation to weight-related disorders and diseases for **symptoms, causes, whom it affects and prevention.**

Topics:

Acid Reflux	Anemia
Anorexia Nervosa	Bing-eating disorder
Bulimia Nervosa	Celiac disease
Childhood obesity	Coronary heart disease
Dehydration	Food allergies
Gluten intolerance	Goiter
High blood pressure (hypertension)	High cholesterol
HIV/AIDS	Lactose intolerance
Obesity	Osteoporosis
Rickets	Scurvy
Stress	Type 1 Diabetes
Type 2 Diabetes	

Other weight-related disorders or diseases may be added.

Work on assignment with a partner or individually. Be prepared to present summary information to class.

Create a visual of the topic assigned to be used during class discussion.

A visual may include a (select one):

- brochure
- graphic foldable
- infographic
- three- panel presentation board (science board)