

# Sample Lab Plan

Recipe \_\_\_\_\_

Lab \_\_\_\_\_ Group # \_\_\_\_\_

Kitchen # \_\_\_\_\_ Period \_\_\_\_\_ Date \_\_\_\_\_

**Chef** \_\_\_\_\_

1. Plans for lab and makes grocery list
2. Follows food safety guidelines
3. Gathers supplies and does major cooking
4. Creates a pleasing and flavorful product
5. Follows all lab rules

**Points**

**Notes**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**TOTAL**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Host/Hostess** \_\_\_\_\_

1. Cleans and sanitizes dining table
2. Sets table appropriately according to meal served
3. Serves meal and sets example for good table manners
4. Clears table when everyone has finished eating
5. Follows all lab rules

**TOTAL**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Manager** \_\_\_\_\_

1. Gathers utensils for chef
2. Prepares sinks for dishwashing methods
3. Washes all dishes as needed
4. Wipes clean range, counter, and cabinets
5. Follows all lab rules

**TOTAL**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Asst. Manager** \_\_\_\_\_

1. Assists team members with lab preparation
2. Prepares nutritious drink
3. Dries and stores dishes
4. Checks lab before group is excused
5. Follows all lab rules

**TOTAL**

**GROCERY LIST**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

**TEACHER COMMENTS:**