

Anxiety Disorders Quiz

TRUE / FALSE: (Circle correct answer.)

1. One of the most common disorders is a panic attack? T or F
2. The term *agoraphobia* literally means “fear of heights.” T or F
3. Persistent fear of performance situations describes social phobia. T or F
4. Post-traumatic stress disorder was historically identified in soldiers. T or F
5. Acute stress disorder can last for six months to one year. T or F
6. Generalized anxiety occurs more often in men than women. T or F
7. Compulsions are recurrent, intrusive thoughts, impulses, or images. T or F
8. A common theme in obsessive-compulsive disorder is contamination of germs. T or F
9. The anxiety disorders are the most common of all mental disorders. T or F
10. Individuals who have agoraphobia fear being “trapped” in a room full of people. T or F
11. Social phobias typically begin in adulthood. T or F
12. Post-traumatic stress disorder follows a traumatic event with symptoms lasting two days to one month. T or F
13. Excessive anxiety that pertains to many areas of one’s life describes GAD. T or F
14. Obsessive-compulsive disorder appears to run in families. T or F
15. Individuals with agoraphobia can travel in a vehicle but have a paralyzing of flying in airplanes. T or F

Name _____ Period _____ Date _____

Key: True/False
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1. T
2. F
3. T
4. T
5. F
6. F
7. F
8. T
9. T
10. T
11. T
12. F
13. T
14. T
15. F