

## Pregnancy Scenarios

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In groups of four, you will role play the following scenarios. Most role plays will last only a minute or two.

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Delia is a 25 year-old diabetic and is pregnant with her first child. She and a friend are at lunch celebrating Delia’s birthday. Delia is deciding what to order and must remember to order a meal that is diabetic-friendly. Her friend has ordered the four-layer tiramisu cake for Delia as a surprise dessert.

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Leah is 19-years-old and thinks she is about three months pregnant, but has not yet seen a medical professional. She enjoys going to concerts and occasionally drinks alcohol and smokes cigarettes. She tells her husband that “there is plenty of time” to go to the doctor. Her husband just heard a radio talk show stressing the importance of early prenatal health care.

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28 year-old Sarah is in her first months of pregnancy. This is Sarah’s third time to be pregnant. She lost the previous two pregnancies to miscarriages at the early stages of pregnancy. She has been invited to go on an all-expense paid trip to Mexico with friends. Unfortunately, this area is well-known for several infectious diseases. Sarah’s two friends are trying to help her decide whether or not to go on the trip.

Name \_\_\_\_\_ Period \_\_\_\_\_ Date \_\_\_\_\_

As a group, you will discuss the scenarios and complete the chart and summary sentence.

Name	Teratogens exposure	Where are the teratogens found?	Why might the teratogens be harmful?	How to avoid the teratogens
Delia				
Leah				
Sarah				

Summary Sentence: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_