

Lab Safety Skills Checklist

What can you do? Check all the skills that you already have.

I know how to:

Get Started

- Follow directions
- Gather equipment
- Gather ingredients
- Work as a team

Clean-up

- Wash my hands correctly
- Wash lab equipment correctly
- Clean and sanitize counters and tables
- Dry lab equipment
- Store lab equipment
- Dispose of waste properly

Measure

- Identify measuring equipment
- Define measuring terms:
- Balance
 - Calibrate
 - Electronic balance
 - Taring
 - Triple-beam balance

Use Safety Equipment

- Deluge shower
- Eye wash station
- Fire extinguisher
- Fire blanket
- Fume hood

Define Safety Terms

Identify definitions of:

- Accident
- Experiment
- Fire extinguisher
- First aid
- Laboratory
- Safety
- Symbol

Identify Lab Equipment

- Beaker
- Cylinder
- Flask
- Goggles
- Petri dishes
- Pipettes
- Test tubes

Anything else?
