

How to Set Career Goals

The students will utilize short-term and long-term career goals and career information to develop a personal plan.

Instructions: Have students take a sheet of paper and fold it lengthwise. At the top of the left side of the paper, have students write “Long-term Career Goals;” on the right side, “Short-term Career Goals.” On the left side, write three long-term career goals you have for yourself. Think of short-term goals you need to implement in order to reach the long-term goals; the short-term goals should be written in the right column. Have each student work with a partner to share goals that have been written, give each other feedback and suggestions, and revise if desired. Answer the following questions.

1. Are your career goals realistic and attainable?
2. What steps are needed to achieve your career goals?
3. How can career goals change over the life span?
4. What are some reasons for abandoning your career goals?
5. For goals to be effective why is it important that they be both realistic and challenging?
6. What additional factors impact changes in career goals?