

Helping Clients: Treatment Options for Drug Dependency

Counseling and Mental Health



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Anyone Can Become Addicted to Drugs



(click on picture)

Predisposing Factors for Drug Abuse

Predisposing factors can include:

- “addictive” personality
- emotional problems
- healthcare workers
- family history of substance abuse
- history of childhood physical or sexual abuse
- ineffective coping mechanisms



Substance Dependence

What is dependence?



Substance Abuse Categories

- Alcohol
- Cannabis
- Cocaine
- Hallucinogen
- Heroin
- Meth
- Nicotine
- Painkillers

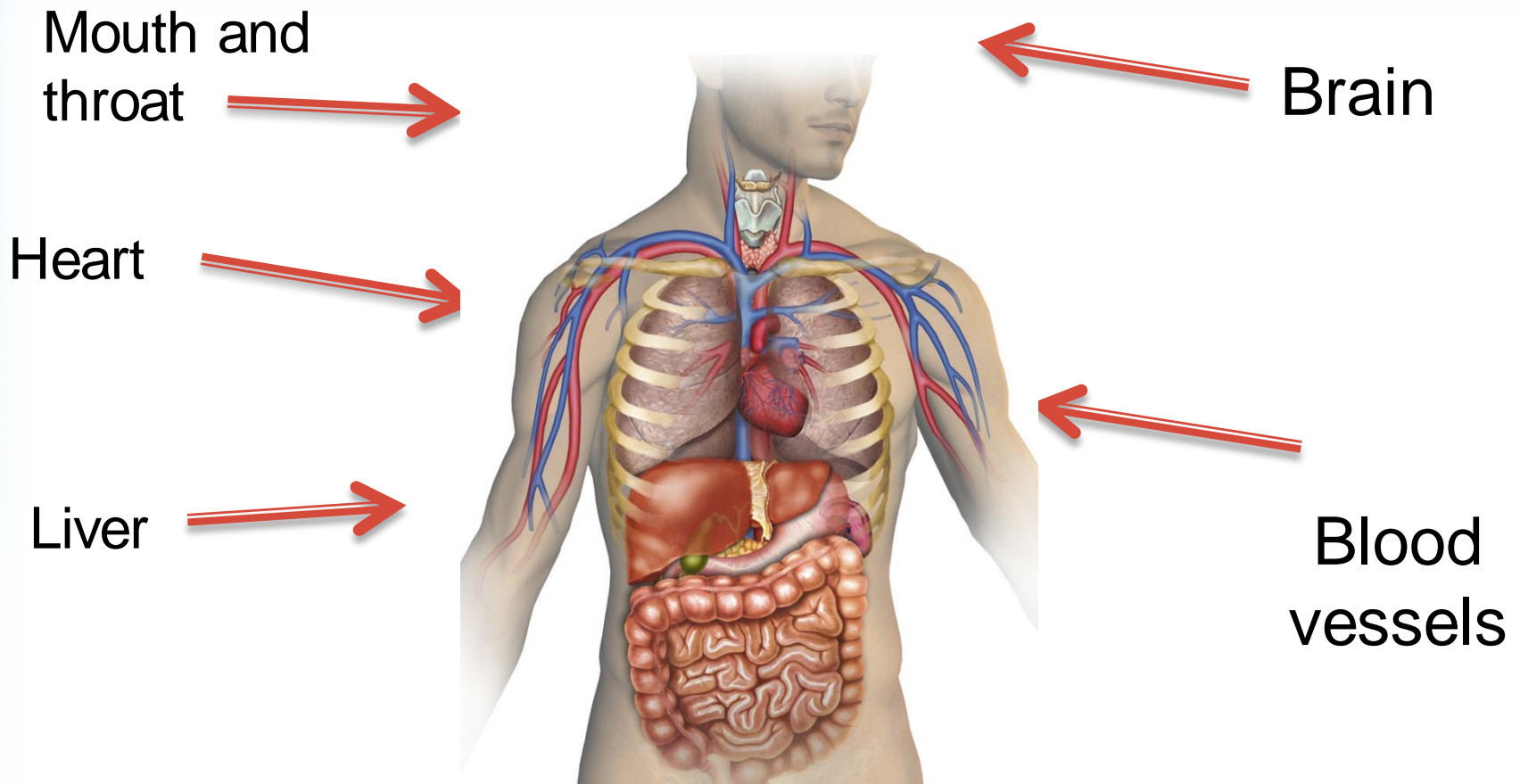


Alcohol Abuse



Alcohol

Consequences of Drinking



Cannabis - Marijuana Abuse



Marijuana Use and Educational Outcomes



(click on picture)

Cocaine Abuse



Hallucinogen Abuse



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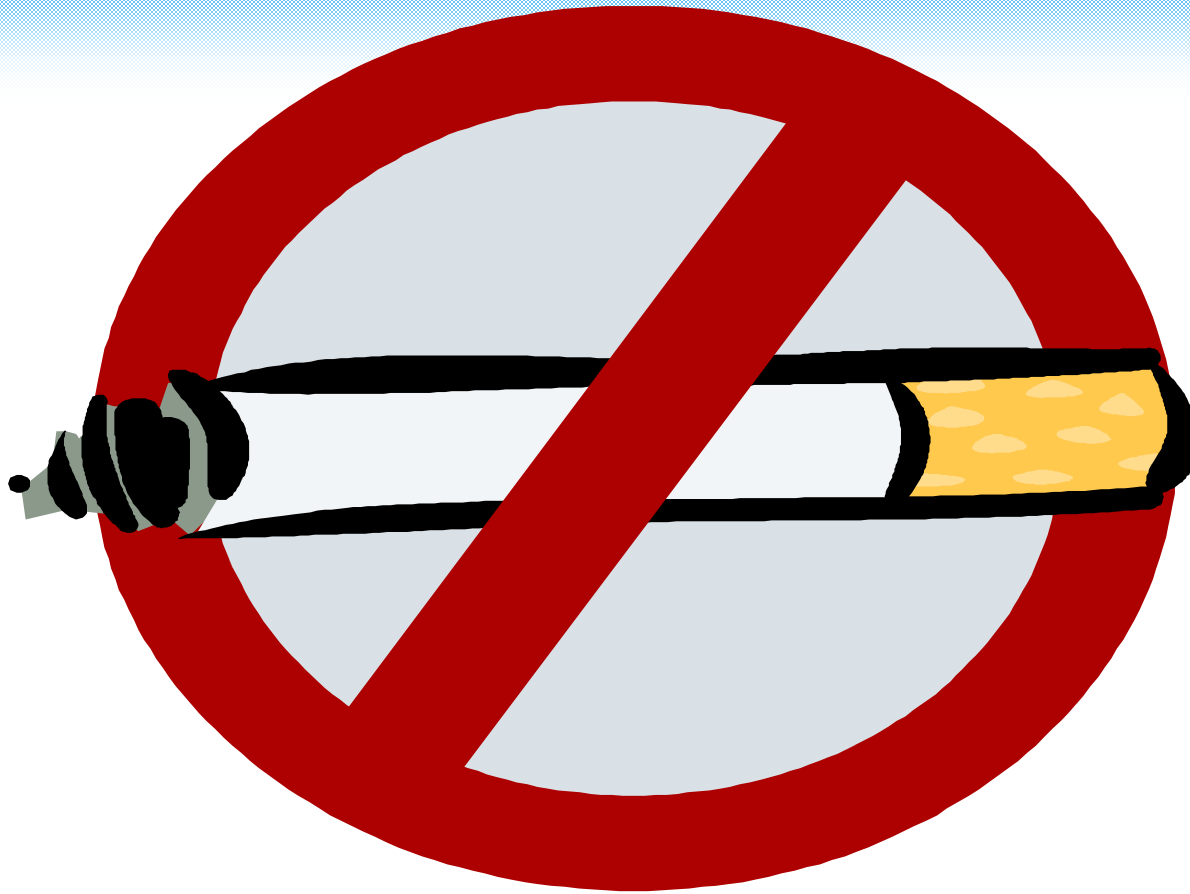
Heroin Abuse



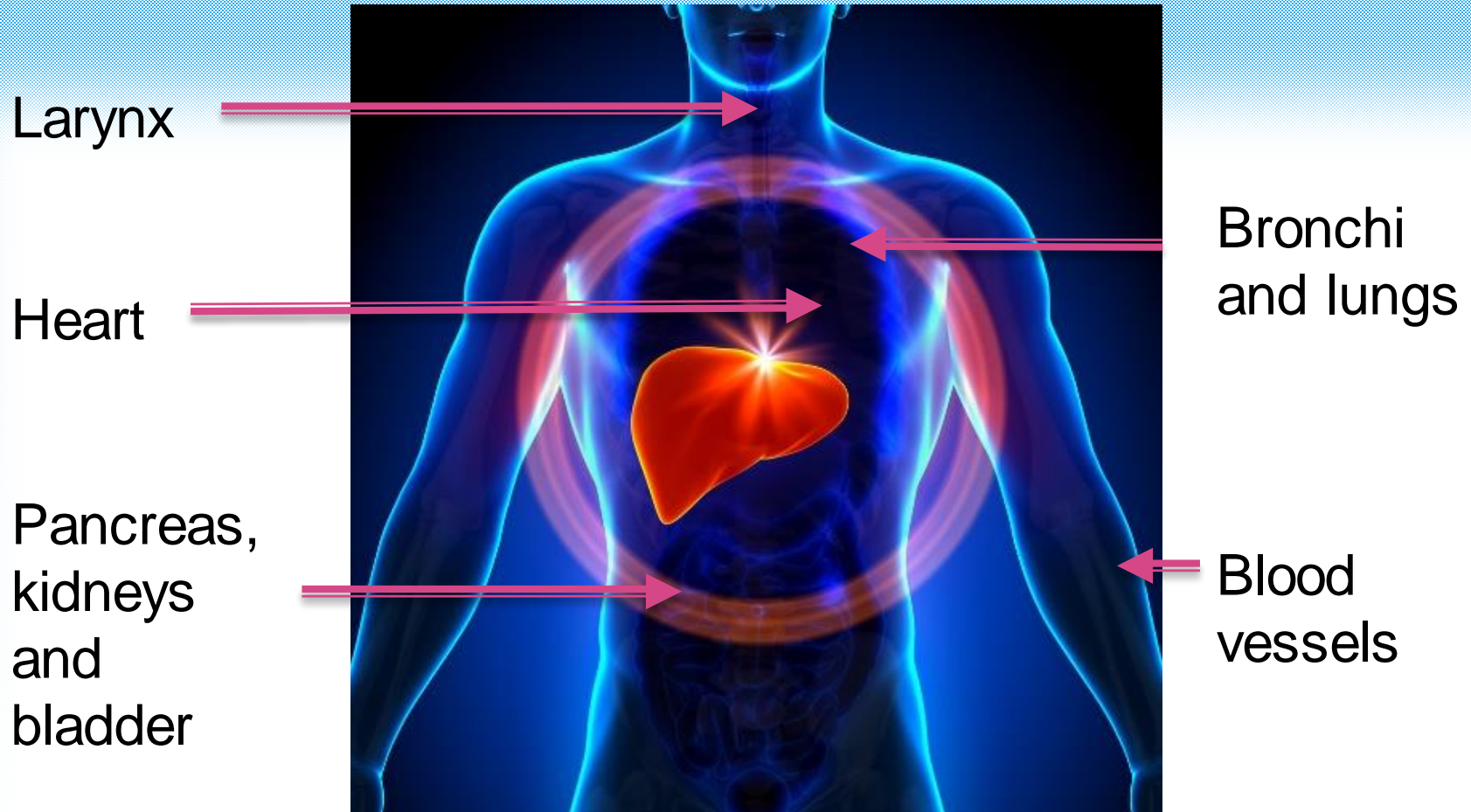
Methamphetamine Abuse



Nicotine Abuse



How Smoking Affects Your Health



Painkillers Abuse



Abuse of Prescription Pain Medications



(click on picture)

The Faces of Drug Addiction



(click on picture)

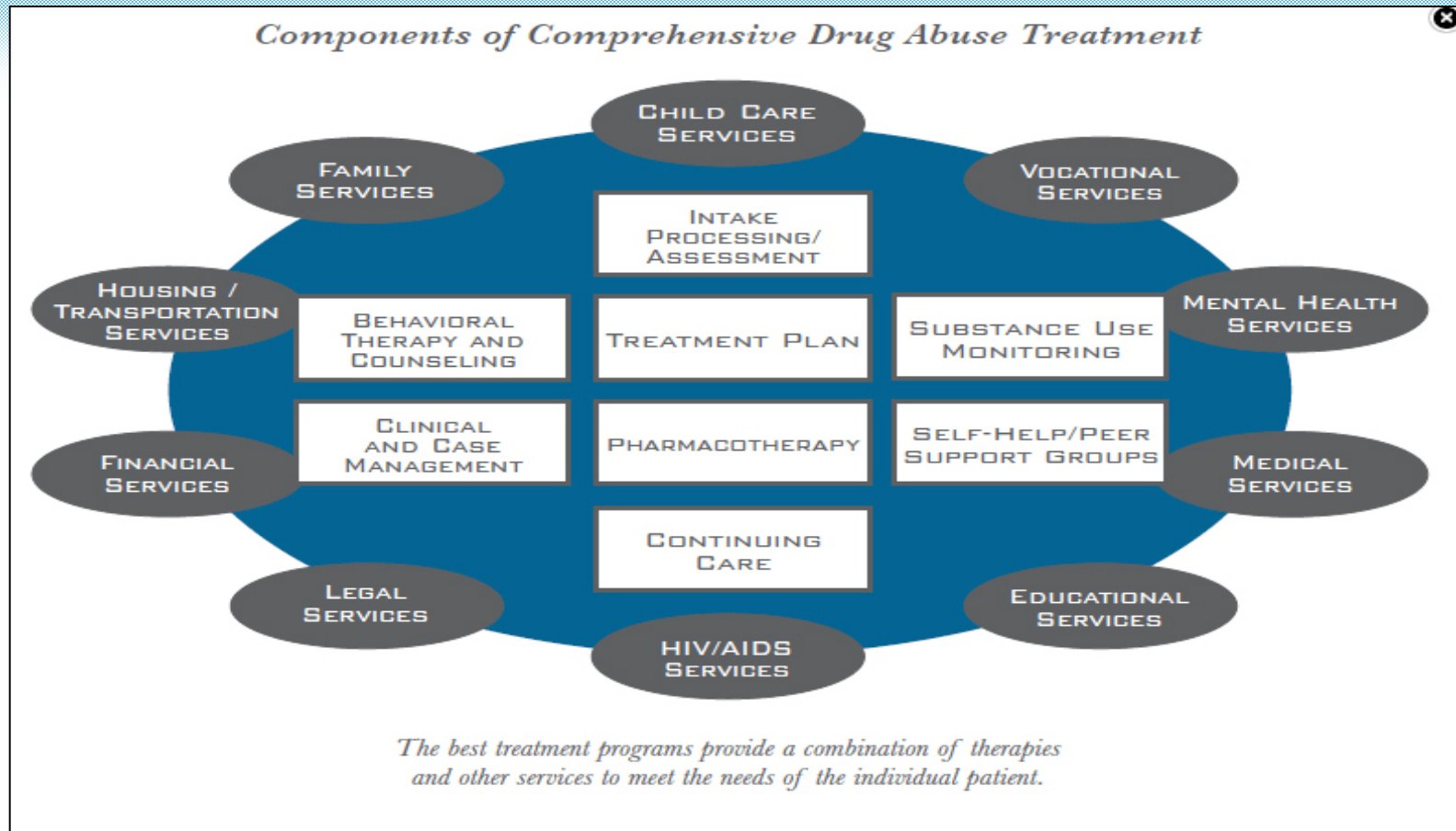
Treatment Options for Drug Dependency

Treatment options can include:

- Behavioral
- Medications
- Treatment in a criminal justice setting



Components of Comprehensive Drug Abuse Treatment



Source: Principles of Drug Addiction Treatment: A Research-Based Guide (Third Edition)

Drug Rehabilitation Center



(click on picture)

Treatment Centers



(click on picture)

What careers in counseling and mental health are related to drug dependency?



Review

What are three predisposing factors for drug abuse?

What is substance abuse?

Compare and contrast alcohol and drug abuse.

What advice would you give someone with an abuse problem?

Describe the components of a comprehensive drug abuse treatment program.



References and Resources

Images:

- National Institute on Drug Abuse (Slide 21)
- Photos obtained through a license with Shutterstock.com™. (Slides 1, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 23 and 24)

Textbook:

- Barry, Patricia D., *Mental health and mental illness*. Seventh Edition, Lippincott, 2002. Print.

Websites:

- National Institute on Drug Abuse
NIDA for Teens, The Science Behind Drug Abuse. Facts on how different drugs affect the brain and body.
<http://teens.drugabuse.gov/facts/index.php>
- Substance Abuse and Mental Health Administration
Prevention of Substance Abuse and Mental Illness. Creating communities where individuals, families, schools, faith based organizations and workplaces take action to promote emotional health and reduce the likelihood of mental illness, substance abuse including tobacco and suicide.
www.samhsa.gov

YouTube™:

- Anyone Can Become Addicted to Drugs
You might think that only some types of people can get addicted to drugs. The truth is, it can happen to anyone, whether you're young or old, rich or poor, male or female. This video from NIDA explains addiction in simple terms and offers a hotline to help you or a loved one find treatment.
<http://youtu.be/SY2luGTX7Dk>

References and Resources

YouTube™:

- Best Drug Rehabilitation Center | Find the Best Drug Rehabilitation Center Today
This video includes information about the predominate theory of addiction along with the three phases of addiction. For drug and alcohol addiction treatment, it's important to find a recovery program that fits.
<https://youtu.be/1GCex5ReG58>
- The Faces of Drug Addiction
No one is immune to the evils of drug addiction, whether it's a friend, a family member, or a neighbor. In this story we introduce you to two young men who you would never think would be recovering drug addicts, and it all started with the over-the-counter pain killers.
<http://youtu.be/QR0rneaFego>