

Health and Wellness Throughout the Lifespan Project

Scenario: You are part of a family services community organization team of volunteers. Your team would like to obtain experience working with individuals ranging from infants to older adults. The organization director has asked your team to develop a brochure based on the lifespan stage _____.

Instructions: As a group, research information based on the lifespan stage selected and present information on a brochure.

Lifespan stages:

- Early infancy
- Later infancy
- Early childhood
- Later childhood
- Puberty and adolescence
- Early adulthood
- Middle adulthood
- Later adulthood

The presentation should include:

- Health factors affecting individuals in their lifespan stage
- Supportive agencies or resources to assist with the related lifespan topic
- Health and wellness aspects related to your lifespan stage
- Techniques to reduce stress in individuals of your lifespan stage

Refer to Microsoft Office to download free brochure templates at:

<https://templates.office.com/en-us/Brochures>

Presentation will be assessed with Rubric for Health and Wellness Throughout the Lifespan Project.