

Erik Erikson’s Psychosocial Stages

Instructions: Research Erikson’s psychosocial stages and write how each stage contributes to a positive identity and self-esteem in each appropriate age in the life span.

| Stage | Age of Stage Occurrence | Theory Explanation | Positive Identity | Self-Esteem |
|---------------------------------|-------------------------|---|--|--|
| Basic trust versus mistrust | Age 0-1 | Infant forms first trusting relationship with caregiver | Every child must have basic needs met to ensure healthy development. | Parent’s reactions to children greatly affect children’s self-esteem. Parents need to provide love, encouragement, and guidance. |
| Autonomy versus shame and doubt | | | | |
| Initiative versus guilt | | | | |
| Industry versus inferiority | | | | |

Name _____ Period _____ Date _____

| Stage | Age of Stage Occurrence | Theory Explanation | Positive Identity | Self-Esteem |
|--------------------------------|-------------------------|--------------------|-------------------|-------------|
| Identity versus role confusion | | | | |
| Intimacy versus isolation | | | | |
| Generativity versus stagnation | | | | |
| Ego integrity versus despair | | | | |

Summary sentence:
