Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Activity 1 - Short-Term Goals**

**Project** Determine your short-term goals for the current academic school year.

**Activity** It is important to understand and determine your goals. In this activity you will understand the difference between short-term goals and long-term goals. You will determine your short-term goals for the current academic school year. Keep a copy of your *Activity 1 - Short-Term Goals* handout to remind yourself to stay focused on your goals during the current academic year.

**Supplies** *Activity 1 - Short-Term Goals* handout, pen or pencil

**Deliverable** *Activity 1 - Short-Term Goals* handout completed (including reflection)

**Reflection** Write a short paragraph listing your short-term goals and why it is important to set short-term goals.

**How Your Grade will be Calculated**

|  |  |
| --- | --- |
| **Graded Elements** | **Total Points** |
|  |  |
| *Activity 1 - Short-Term Goals* | 50 |
|  |  |
| Difference Between Short-Term and Long-Term Goals Activity | 15 |
|  |  |
| Shows depth of thought | 20 |
|  |  |
| Reflection | 15 |
|  |  |
| **Total** | **100** |
|  |  |

**Part 1**

Practice identifying short-term goals. *NOTE:* Sometimes accomplishing short-term goals may help you achieve one big long-term goal.

**Directions**

Place a checkmark next to the phrases you think are short-term goals.

|  |  |  |  |
| --- | --- | --- | --- |
| **Checkmark** |  |  | **Short-Term Goals** |
|  |  |  |  |
|  |  | 1. | Talk to a teacher after school concerning a class assignment. |
|  |  |  |  |
|  |  | 2. | Go to a university or a community college. |
|  |  |  |  |
|  |  | 3. | Get married and have a family. |
|  |  |  |  |
|  |  | 4. | Apply for a job. |
|  |  |  |  |
|  |  | 5. | Learn how to speak English fluently. |
|  |  |  |  |
|  |  | 6. | Deposit a check into your bank account. |
|  |  |  |  |
|  |  | 7. | Purchase healthy foods from the grocery store. |
|  |  |  |  |
|  |  | 8. | Purchase a home within the next five years. |
|  |  |  |  |
|  |  | 9. | Become a manager at your job. |
|  |  |  | |
|  |  | 10. Raise your mathematics grade from 80% to 90% by the end of the semester. | |

**Part 2**

**Directions**

Determine your five short-term goals and list in the space provided below.

**My SHORT-TERM Goals**

**Something Achievable in the Next Month!**

|  |
| --- |
| 1. My Short-Term Goal is |
| 2. My Short-Term Goal is |
| 3. My Short-Term Goal is |
| 4. My Short-Term Goal is |
| 5. My Short-Term Goal is |

**Actions to Take to Achieve My Short-Term Goals**

|  |
| --- |
| 1. |
| 2. |
| 3. |
| 4. |
| 5. |

**Directions**

Write a short paragraph listing your short-term goals and why it is important to set short-term goals.