

Activities to Promote Development in Infants

As a parent or caregiver, it is important to take an active role in a child's development. Listed below are ideas to assist in a child's development. Complete chart and in the area of development, write if it is physical, social, emotional or intellectual development. Include any other activities that you can think of that an infant might enjoy.

Activity	Area of Development	What the infant is learning	Ways a parent or caregiver can help
Hold, rock and sing to babies	Physical	Learning to communicate, different sounds, enjoys physical contact	Bond with the infant
Take outside on a sunny, nice day			
Play different kinds of music			
Hang bright toys for babies to see and hear			
Give them soft toys to hold and feel			